

Caterpillar Exercise #1

Going Up 4x

Play in the upper middle part of your bow

Keep a good bow hand, and make sure you are opening and closing your bow arm from the elbow. (No running arms!)

Keep your left hand still with good positions, and land fingers tip top.

0A
Cat - er - pil - lar

1A
Cat - er - pil - lar

1A 2A

2A 3A

3A 0E

0E 1E

1E 2E

2E 3E

high A

high A